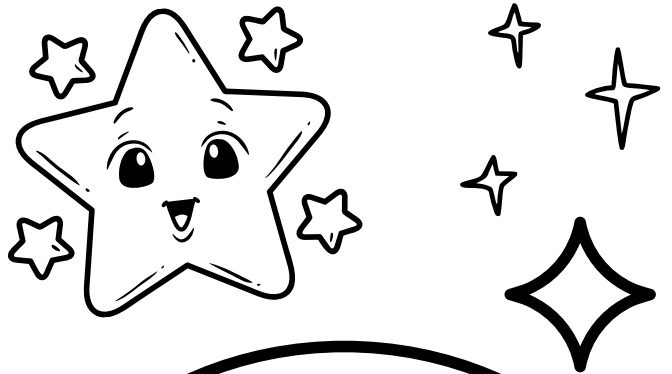


My Secret Portion of Emotions



I feel a little bit _____ but I will use my magic to calm down my emotion.

Secret Ingredients



A dashed-line box containing five circular "secret ingredients" and illustrations of a crescent moon, stars, a pencil, and a gemstone.

- listen to some music
- talk about it
- think something different
- try to relax
- go to my favourite place

